Body Smart: Fishers of People

Active Room



Read to your Child: In this story we see that Jesus' first disciples were fishermen. Their names were Simon, his brother Andrew, and then James and his brother John. Before they began to follow Jesus, they were very busy with their nets. If they did not catch enough fish they would be hungry. But when Jesus told them to stop what they were doing and follow him, they did - right away.

...The story doesn't tell us what they were thinking or why they decided to go and follow. But they must have looked at Jesus and realized that there was something different about him. They must have known that God was with him - and so they were willing to drop everything and follow him.

How To Play:

Materials:

- Fishing nets or blankets
- Multiple action figures (or stuffed animals, dolls, bean bags etc.)

Directions:

- Make two teams (they can just be teams of one, but more than one person per team works better).
- Give each team a net or blanket and have the team members work together to hold it stretched out.
- Say, "Ready...set...go!" and throw two of the action figures as high as possible into the air, one from each hand. The children's job is to catch the figures in the blanket.
- Note: you can re-use the same action figures over and over or you can use a bunch of different ones and make the students catch more while they already have some in their net, thus making the game more difficult.

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